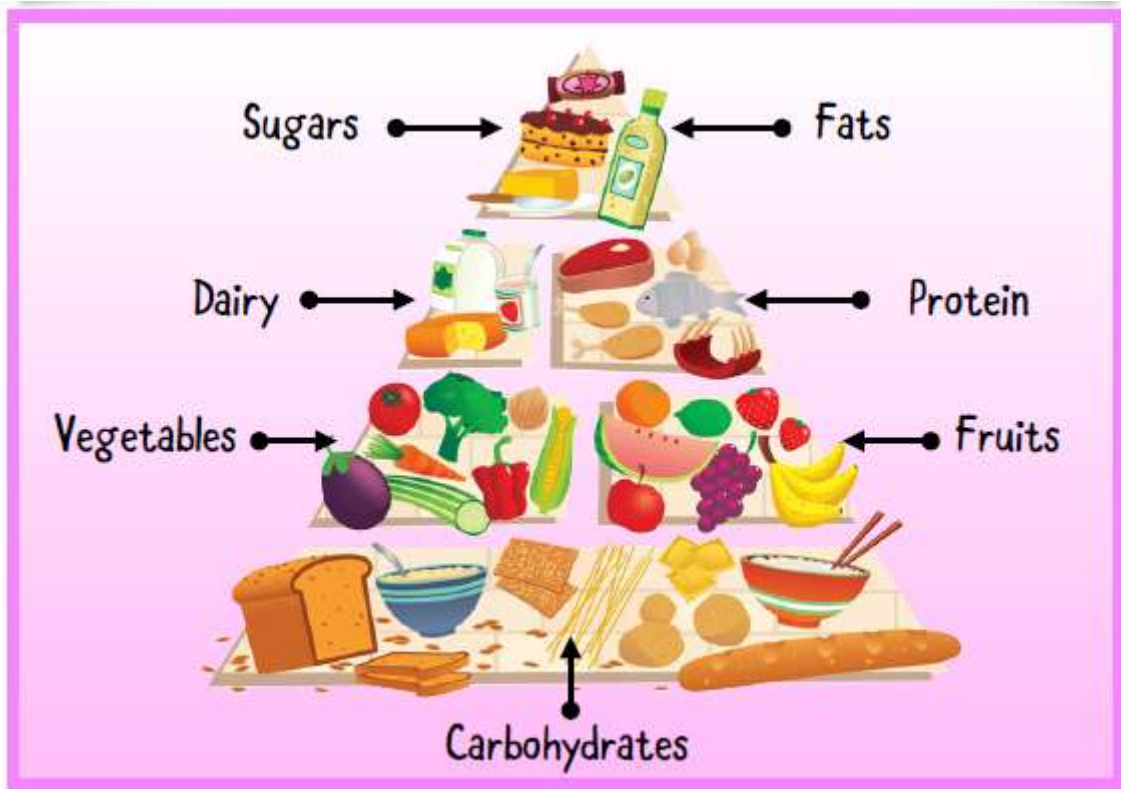


# Food Pyramid



What occasion will you make your sandwich for?



Maybe a trip or school outing?



Perhaps a birthday party?



Or maybe a picnic?

## Design and Plan a Healthy Sandwich



Design and plan your healthy sandwich. Use as much detail as you can.

What kind of bread will you use for your sandwich?

What fillings will you have in your sandwich?

List all the ingredients you will need for your sandwich:

List all the equipment you will need to make your sandwich:

Explain how you will make your sandwich step by step:

1.

2.

3.

4.

5.

6.

Remember you can present your work however you would like!