

## Recognising and Managing Risks

There is always 'risk' in our life. The skill is in identifying the risks, deciding how significant the risk is and putting sensible things in place to manage the risk. Hillary and Norgay would have spent a lot of time identifying the risk in climbing Mount Everest, they would have prepared carefully to minimize the risk.

This activity is one to do with a parent. Discuss with them what you think are risks in your life at the moment. Put it into the bubble and talk about and record what you can do to manage the risk.

Parents – I hope this gives you all a chance to talk about and share what your understanding of risks are at the moment.

