


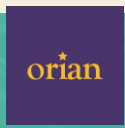


AUTUMN 2022

14TH NOV, 5TH DEC



DAY	CHOICE 1		CHOICE 2	CHOICE 3	PUDDING
Monday	Margherita Pizza served with Baked Beans, Carrot and Cucumber Sticks		Oven Baked Jacket Potato filled with Cheese, Tuna, Beans and Cheese & Beans served with Carrot & Cucumber Sticks	Assorted Sandwiches filled with Ham, Cheese or Tuna served with Carrot & Cucumber Sticks	Custard Cookie or Fruit Salad and Yoghurt
Tuesday	Chicken Karahi Curry served with Rice, Peas and Naan Bread		Oven Baked Jacket Potato filled with Cheese, Tuna, Beans and Cheese & Beans served with Mixed Salad	Assorted Sandwiches filled with Ham, Cheese or Tuna served with Mixed Salad	Chocolate Brownie or Fruit Salad & Yoghurt
Wednesday	Roast Chicken Breast served with Creamed Potato, Green Bean & Carrot Medley and Gravy		Oven Baked Jacket Potato filled with Cheese, Tuna, Beans and Cheese & Beans served with Mixed Salad	Assorted Sandwiches filled with Ham, Cheese or Tuna served with Mixed Salad	Toffee Apple Muffin or Fruit Salad & Yoghurt
Thursday	Beef Spaghetti Bolognaise served with Fruit & Veg Crudities		Oven Baked Jacket Potato filled with Cheese, Tuna, Beans and Cheese & Beans served with Fruit & Veg Crudities	Assorted Sandwiches filled with Ham, Cheese or Tuna served with Fruit & Veg Crudities	Fruit Salad and Yogurt or Cherry shortbread
Friday	Breaded Fish Fillet served with Chips and Garden Peas		Oven Baked Jacket Potato filled with Cheese, Tuna, Beans and Cheese & Beans served with Mixed Salad	Assorted Sandwiches filled with Ham, Cheese or Tuna served with Mixed Salad	Jam & Coconut Sponge or Fruit Salad & Yoghurt



Available Daily: Fresh Fruit and Bread!


If you have any questions about food allergens please speak to the kitchen team who will be happy to help.



AUTUMN 2022

31ST OCT, 21ST NOV, 12TH DEC



DAY	CHOICE 1	 CHOICE 2	CHOICE 3	PUDDING
Monday	Cheese & Tomato Pizza served with Sweetcorn and Mixed Salad	Oven Baked Jacket Potato filled with Cheese, Tuna, Beans and Cheese & Beans served with Mixed Salad	Assorted Sandwiches filled with Ham, Cheese or Tuna served with Mixed Salad	Apple Crumble & Custard or Fruit Salad & Yoghurt
Tuesday	Chilli Con Carne served with Rice and Mixed Salad	Oven Baked Jacket Potato filled with Cheese, Tuna, Beans and Cheese & Beans served with Mixed Salad	Assorted Sandwiches filled with Ham, Cheese or Tuna served with Mixed Salad	Chocolate Crunch or Fruit Salad & Yoghurt
Wednesday	Sliced Turkey served with Creamed Potato, Garden Peas & Carrot Medley and Gravy	Oven Baked Jacket Potato filled with Cheese, Tuna, Beans and Cheese & Beans served with Mixed Salad	Assorted Sandwiches filled with Ham, Cheese or Tuna served with Mixed Salad	Fruit Salad and Yogurt or Flapjack
Thursday	Meat & Potato Pie served with Mixed Veg and Gravy	Oven Baked Jacket Potato filled with Cheese, Tuna, Beans and Cheese & Beans served with Mixed Salad	Assorted Sandwiches filled with Ham, Cheese or Tuna served with Mixed Salad	Ginger Sponge or Fruit Salad & Yoghurt
Friday	Cod & Salmon Fishcake served with Chips, Garden Peas and Tomato Ketchup	Oven Baked Jacket Potato filled with Cheese, Tuna, Beans and Cheese & Beans served with Mixed Salad	Assorted Sandwiches filled with Ham, Cheese or Tuna served with Mixed Salad	Marble Sponge & Chocolate Sauce or Fruit Salad & Yoghurt

Available Daily: Fresh Fruit and Bread!





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AUTUMN 2022

7TH, 28TH NOV, 19TH DEC



DAY	CHOICE 1 	CHOICE 2	CHOICE 3	PUDDING 
Monday	Sweet Tomato Pasta served with Garlic Flatbread, Sweetcorn and Mixed Salad	Oven Baked Jacket Potato filled with Cheese, Tuna, Beans and Cheese & Beans served with Mixed Salad	Assorted Sandwiches filled with Ham, Cheese or Tuna served with Mixed Salad	Shortbread or Fruit Salad & Yoghurt
Tuesday	Breaded Chicken Goujons served with Jacket Wedges, Baked Beans and Mixed Salad	Oven Baked Jacket Potato filled with Cheese, Tuna, Beans and Cheese & Beans served with Mixed Salad	Assorted Sandwiches filled with Ham, Cheese or Tuna served with Mixed Salad	Orange Jelly & Mandarins or Fruit Salad & Yoghurt
Wednesday	Toad in the Hole with Gravy served with Roast Potatoes, Carrot and Green Bean Medley	Oven Baked Jacket Potato filled with Cheese, Tuna, Beans and Cheese & Beans served with Mixed Salad	Assorted Sandwiches filled with Ham, Cheese or Tuna served with Mixed Salad	Jammy Bun or Fruit Salad & Yoghurt
Thursday	Minced Beef & Dumplings served with Creamed Potato and Mixed Veg	Oven Baked Jacket Potato filled with Cheese, Tuna, Beans and Cheese & Beans served with Mixed Salad	Assorted Sandwiches filled with Ham, Cheese or Tuna served with Mixed Salad	Fruit Salad and Yoghurt or Paris Sandwich
Friday	Fish Fingers served with Chips and Garden Peas	Oven Baked Jacket Potato filled with Cheese, Tuna, Beans and Cheese & Beans served with Mixed Salad	Assorted Sandwiches filled with Ham, Cheese or Tuna served with Mixed Salad	Syrup Sponge & Custard or Fruit Salad & Yoghurt

Available Daily: Fresh Fruit and Bread!

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